

Rosie in the Classroom | Educational Modules | Rosie.org.au

VIDEO	LEVEL	LEARNING AREA	GENERAL CAPABILITY
Stress Less: Yoga	7-8	<p>Health and physical education</p> <p>Evaluate strategies to manage personal, physical and social changes that occur as they grow older (ACPPS071)</p> <p>Practise and apply strategies to seek help for themselves or others (ACPPS072)</p> <p>Investigate and select strategies to promote health, safety and wellbeing (ACPPS073)</p>	<p>Critical and Creative Thinking</p> <ul style="list-style-type: none"> • Pose questions to probe assumptions and investigate complex issues <p>Personal and social capability</p> <ul style="list-style-type: none"> • Select, use and analyse strategies that assist in regulating behaviour and achieving personal and learning goals
	9-10	<p>Health and physical education</p> <p>Plan, rehearse and evaluate options (including CPR and first aid) for managing situations where their own or others' health, safety and wellbeing may be at short or long term risk (ACPPS091)</p>	<p>Critical and Creative Thinking</p> <ul style="list-style-type: none"> • Pose questions to critically analyse complex issues and abstract ideas <p>Personal and social capability</p> <ul style="list-style-type: none"> • Critically analyse self discipline strategies and personal goals and consider their application in social- and work-related contexts